FREE SDoL WINTER PHYSICALS

November 10, 2026

3:15pm – 5:00pm @ MCCASKEY EAST HIGH SCHOOL
1051 LEHIGH AVE.

Open to all School District of Lancaster Student Athletes, grades 7-12 for the 2026/2027 school year

Please arrive during your scheduled time with Sections 1-5 of the PIAA physical paperwork already completed.
WE WILL NOT ALLOW YOU TO RECEIVE YOUR PHYSICAL WITHOUT A COMPLETED SECTION 5 (Health History) WITH A PARENT/GUARDIAN SIGNATURE

Scan the QR code below to sign up for a physical time on Sign-Up Genius.
We will accept walk-ins until 4:40, but those with an appointment will be given priority.

BUS PICKUP TIMES and LOCATIONS

Martin 3:05p

Wheatland 3:20p

Reynolds 3:35p

Jackson 3:50p

For more information or questions, please call 717-291-6236 or email Matthewbower@sdlancaster.org

PHYSICALS OFFERED IN PARTNERSHIP WITH LG HEALTH PHYSICIANS SPORTS MEDICINE

Penn Medicine Lancaster General Health
Sports Medicine